

SERVICES FOR FAMILIES WITH CHILDREN

PLAYGROUPS

Playgroups give opportunities for interaction and socialising for young children & their parents. Playgroups do not provide care & parents need to be actively involved in their children's activities. Some playgroups are supported; others are run jointly by parents. Most playgroups have a nominal charge to cover material costs.

NSW Playgroups Association 1-800-171-882 www.playgroupnsw.com.au

Alexandria Park Playgroup	Monday 10:00am – Music & Movement 11:00am – Music & Movement for 3-5yrs Thursday 10:00am – 12:00pm Multicultural Playgroup For families from culturally and linguistically diverse background. Cost: \$2 Friday 9:30am – 11:30am – Preschool Playgroup For 3-5yr old children who will be enrolling in Kindergarten at Alexandria Park Community School Cost: \$2 health care card holder families / \$5 other families Community Centre Alexandria Park Community School Cnr of Power Ave. & Park Rd, Alexandria 2015 (Not operating during school holidays)	9319 3207
Barneys Playgroup (St Barnabas Anglican Church)	Tuesdays 10:00am to 11:30am & 12:00pm to 1:30pm (during school term) St Barnabas Anglican Church Cnr Mountain St and Broadway Broadway NSW 2007	9211 3496 playgroup@barney s.org.au Please contact the playgroup, as there is a waitlist.
Glebe Schools as Community Centres Playgroup	Tuesdays 10:00am to 12:00pm Glebe Schools Community Centre Glebe Public School Derwent St, Glebe 2037	9566 1761
Harris Community Centre Multicultural Playgroup	Thursdays 10:00am to 12:00pm 97 Quarry St, Ultimo 2007 (Not operating during school holidays)	9552 1140
Hillsong Playgroup	Mondays 10:30am to 12:00pm 188 Young St, Waterloo 2017 (Not operating during school holidays)	9775 3652





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Klubko Czech Playgroup	Fridays 10:00am to 12:00pm \$3 per session + membership Pyrmont Community Centre Cnr John & Mount St Pyrmont NSW 2009	8090 0749 Contact Lenka
Lennox House Children's Activity Centre (playgroups, occasional care, kindy & baby gym, toy library, music for tiny tots)	Mondays - Fridays 9:00am to 11:00am Corner of Lennox & Denison Streets, Newtown 2042 Cost: \$3 per family	9519 3839 9557 5377
Newtown Playgroup	Tuesdays and Thursdays 9:30am to 12:30pm Newtown Public School, OOSH Cottage Whitehorse St, Newtown 2042	0424 003 793 Contact Katie newtownplaygroup @gmail.com
Playtime – Uniting Church	Fridays 10:00am to 11:30am (school terms only) Cnr Bulwara & Quarry St Ultimo 2007	0412 398 842 Contact Jenny
Pyrmont Playgroup	Wednesdays 10:00am to 12:00pm Pyrmont Community Centre Cnr John & Mount Streets Pyrmont 2009	0430 595 744 Contact Nicole
Redfern Playgroup Gamarada Montessori Children & Family Learning Centre	Wednesdays 10:00am to 12:00pm South Sydney PCYC 638 Elizabeth St, Redfern 2016	9699 3160 0403 668 632
Woolloomooloo Playgroup	Tuesdays 10:00am to 12:00pm Juanita Nielsen Centre Cnr Nicholson & Dowling Streets Woolloomooloo 2011 (Not operating during school holidays)	8374 6322
NCIE Crèche	Monday and Wednesday 9:15am – 12:15pm Tuesday and Thursday 5:45pm – 7:45pm Eora Sports, Arts and Recreation Centre 180 George Street Redfern 2016	1300 866 761
SDN Ngara Nanga Mai Aboriginal Playgroup	Wednesdays 10:00am to 1:00pm Glebe Schools Community Centre In the grounds of Glebe Public School 9-25 Derwent St Glebe 2037	9557 9125 SDN 9566 1285 Glebe Schools Community Centre



Save the Children Mobile Play Bus - 0406 730 250

The Save the Children Mobile Play Bus provides an outreach playgroup service for children under school age, and their families. This is a free service and operates from various parks in the inner city. This service does not provide child care – parents must accompany and actively engage with their children during play bus sessions. For further information email: brooke.fox@savethechildren.org.au or visit: www.savethechildren.org.au

Monday	Tuesday	Wednesday	Thursday
10:00am-12:00pm	10:00am-12:00pm	10:00am-12:00pm	10.00am-12.00pm
Woolloomooloo Playground Cnr Dowling St & Plunkett St Woolloomooloo	Redfern Park Cnr Redfern St. & Elizabeth St Redfern	Franklyn St. Playground Franklyn Street, Glebe.	Tote Park 100 Joynton Avenue, Zetland
Wet Venue	Wet Venue	Wet Venue	Wet Venue
10:15am-12:00pm	10:15am-12:00pm	10:30am-12pm	10.30am-12.00pm
33-39 Riley St. Woolloomooloo	Redfern Oval Community Room 51 Redfern St Redfern	Glebe Youth Service 84 Glebe Point Road, Glebe	Green Square Library, Level 2, Tote Park Address as above
Monday	Tuesday	Wednesday	Thursday
1:00pm-2.30pm	1:00pm-2.30pm	1:00pm-2.30pm	1:00pm-2.30pm
Redfern Community	Alexandria Park	Ward Park	No playgroup
Centre	In between both the	Devonshire Street	
Hugo Street Redfern	playgrounds	Surry Hills	
Wet Venue 1:15pm-2:30pm	Wet Venue 1:15pm-2:30pm	Wet Venue	Wet Venue
As Above	Alexandria Park Community Centre front Playrooms Cnr of Power Avenue & Park Parade Alexandria	No Venue Playgroup is cancelled if raining	No playgroup



EARLY CHILDHOOD HEALTH CENTRES

These services provide information & advice for families with children 0-5 yrs, assessments, referrals, catch-up vaccination, family support & home visits.

Camperdown Early Childhood Health Centre	142 Carillon Ave	9516 3232
	Newtown 2042	Appointments & Advice:
		8788 4288
Glebe Early Childhood Health Centre	184 Glebe Point Rd	9660 3451
	Glebe 2037	Appointments & Advice:
		8788 4288
Kings Cross Early Childhood Health Centre	19 Greenknowe Ave	9357 4851
	Potts Point 2011	8374 6311
Paddington Early Childhood Health Centre	The Gatehouse Cottage	9380 4295
	Cnr Oxford & Young St	
	Paddington 2021	
Redfern Early Childhood Health Centre	4/95 Wellington St	9698 1613
	Waterloo NSW 2017	Appointments & Advice:
		8788 4288

COMMUNITY HEALTH CENTRES

The City of Sydney local government area is divided between 2 Area Health Services – the South Eastern Sydney and Illawarra Area Health Service and the South West Sydney Area Health Service. Both area health services provide the entire range of community health and therapy services.

South Eastern Sydney and Illawarra Area Health Service

St Vincent's Community Health Centre (includes physio and occupational therapy, podiatry, social work, community nursing and mental health services)	Level 3 O'Brien Centre St Vincent's Hospital 390 Victoria St Darlinghurst 2010	8382 1990
Sydney Children's Community Health Centre, Child and Family East, Children's Services (includes Speech and Language therapy, Hearing and Vision testing, counselling for behaviour problems, Occupational & Physiotherapy, paediatric assessments)	Cnr Barker & Avoca Streets Randwick 2031 Prince of Wales Hospital Randwick	9382 8213
Sydney Children's Community Health Centre, Child and Family East, Adolescent Services	Superintendents Cottage Cnr High & Avoca Streets Randwick 2031 Prince of Wales Hospital Randwick	9382 4347

South West Sydney Area Health Service

Camperdown Child, Adolescent and Family Health	142 Carillon Ave	9516 3232
(includes paediatric assessments, speech pathologist,	Newtown 2042	
hearing and vision testing, physio and occupational		
therapy, psychologist, social workers)		



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Camperdown Community Health, Mental Health (mental health services for adolescents aged 12-18 years)	Lvl 5, King George V Building Missenden Rd Camperdown 2050	9515 9000
Redfern Community Health Centre- Mental Health and HIV Services	103-105 Redfern St Redfern 2016	9395 0444
Redfern Community Health Centre - Nursing (provides community nursing – mobile service for all ages)	103-105 Redfern St Redfern 201	9395 0444

HEALTH SERVICES

Australian Breastfeeding Association (7 days / week counselling, information & support for mothers wishing to breastfeed through Breastfeeding Helpline, email counselling via website, breast pump hire on-line)	Website: www.breastfeeding.asn.au	Breastfeeding Helpline – 1800 686 268
Royal Prince Alfred Hospital	Missenden Rd Camperdown 2050	9515 6111
Sydney Children's Hospital	High & Boca Streets Randwick 2031	9382 1111
Sydney Dental Hospital (provides free dental service for children - Medicare card & appointments are necessary)	2 Chalmers St Surry Hills 2010	9293 3333
Sydney Eye Hospital	8 Macquarie St, Sydney 2000	9382 7111
Tresillian Family Care Centres (a whole range of supports for parents with children 0-5 yrs including help with difficult sleeping, feeding, behaviour problems)	McKenzie Street Belmore 2192 Website: <u>www.tresillian.net</u>	9787 0800 9787 0855 24hr Parents Help Line
Young Parents Nurse SSWAHS (home visiting services)	Lakemba Early Childhood Centre 35 Croydon Street Lakemba 2196	9750 7866
Young Parents Social Worker SSWAHS (home visiting services)	Lakemba Early Childhood Centre 35 Croydon Street Lakemba 2196	9740 6764

SERVICES FOR CHILDREN WITH SPECIAL NEEDS

Ageing, Disability, and Homecare (developmental assessments; physio, occupational, speech therapy, behaviour problems counselling, social work, community nursing)	Lvl 2, 56 Railway Pde Burwood 2134	9701 6300 9334 3700
Early Childhood Intervention Infoline	Informs on early intervention services available in your area	1300 656 865
Eastern Respite & Recreation (provides recreation, respite, and skills development programs to assist people with disabilities (of all ages) and their primary carers)	Suite 602 806-812 Anzac Pde Maroubra 2035 www.easternrespite.com.au	8347 7000



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Glebe Schools Community Centre (support group for families with	Glebe Schools Community Centre	9566 1285
autistic children 0-8 yr olds)	Glebe Public School	
Mondays 10:00am-12:00pm	Derwent St Glebe 2037	

SERVICES FOR ABORIGINAL AND TORRES STRAIT ISLANDER FAMILIES

Aboriginal Early Childhood Service (information, advice &	Page Building	9515 9760
support for Aboriginal and Torres Strait Islander clients)	Missenden Rd	
	Camperdown 2050	
Aboriginal Young Mothers Sustained Home Visiting	Lvl 5, King George V Building	9515 9766
	Missenden Rd	
	Camperdown 2050 (opposite RPA hospital)	
Mudgin-Gal Referral Centre (Family Support)	231 Abercrombie St	9319 2613
	Chippendale 2008	
Redfern Aboriginal Medical Service	36 Turner St	9319 5823
	Redfern 2016	
Yallamundi (24-hr service provided by DCS to help	6-8 Woodburn St	9207 8960
Aboriginal families and children stay together)	Redfern 2016	

FAMILY SUPPORT AND COMMUNITY SERVICES

These services provide a range of support, which may include referrals, information, counselling, direct household needs assistance to families in need. Services differ in the range of family support they provide and the client groups they cater to.

Barnardos Adolescent Services Program	PO Box 230	9787 4440
	Campsie 2194	After Hours: 9937 2928
Barnardos Sydney Metro Centre	Level 2, 60-64 Bay St	9218 2358
Temporary Family Care	Ultimo 2007	After Hours: 0400 380 939
	sydneymetro@barnardos.org.au	
The Factory Family Support	67 Raglan St	9698 9569
Case work, Bilingual counselling	Waterloo 2017	
Centacare Family Relationships Skills Training Service	209A Edgeware Rd	9519 6788
	Enmore 2042	
Centacare Child and Adolescent Sexual Assault Service	209A Edgeware Rd	9519 6788
	Enmore 2042	
Connect Redfern (community info and referral service for	Alexandra Park Community Centre	9319 3207
families with children 0-8 years)	Cnr Power Ave & Park Rd	
	Alexandria 2015	
Hillsong CityCare (individual and group programs, basic	198/222 Young St	9087 8222
budgeting, and general counselling)	Water 2017	
Glebe Family Worker Service (providing family and	Glebe Schools Community Centre	9566 1761
parenting support, service information, and parenting	9 Derwent St	
groups)	Glebe Public School	
	Glebe 2037	
Harris Community Centre (family support, playgroup)	97 Quarry St	9552 1140
	Ultimo 2007	
Lady Gowrie Child Care Information, Sydney	Level 3	8571 9700
Children's Programs	215 Euston Rd	8571 9783
Child Care & Family Info Line	Alexandria 2015	1800 803 820
	www.gowrie-sydney.com.au	



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Leichhardt Family Support (range of family and welfare	9 Garrong Rd	9740 0111
support, parenting education)	Lakemba 2195	
Salvation Army Waterloo Centre (offers a range of	Cnr Cope & Phillips Streets	9698 3586
services for children and families; drop-in 9am-3pm)	Waterloo 2017	
SDN Children's Services (subsidised childcare for	Level 2	9213 2400
children under school age, parenting support programs	86-90 Bay St	
in various locations)	Broadway 2007	
	Website: www.sdn.org.au	
South Sydney Community Aid Multicultural	Alexandria Town Hall	9319 4073
Neighbourhood Centre (open Mon-Fri 9:30am-4:30pm)	73 Garden St	
	Alexandria 2015	
South Sydney PCYC (crime prevention and child/youth	638 Elizabeth St	9319 4240
activities)	Redfern 2016	
WEAVE Youth Services (services incl: mental health,	Cnr Elizabeth & Allens Streets	9318 0539
drug and alcohol counselling, relationship counselling,	Waterloo 2017	
education programs, tutoring, mentoring, arts centre and	www.weave.org.au	
referral programs-Open Mon-Fri 9:30am-5:00pm)		
Surry Hills Neighbourhood Centre	1st Floor Surry Hills Library	9356 4977
	405 Crown St	
	Surry Hills 2010	
Sydney In-Home Care	27 Fennell St	9683 3400
(Provides child care into the homes of families who are	North Parramatta 2151	
currently experiencing challenges to accessing		
Mainstream Child Care Services and who meet the		
criteria)		
The Fact Tree Youth Service (range of counselling,	703 Elizabeth St	9319 2708
homework, and arts programs. Open Mon-Fri 10am-6pm	Waterloo 2017	
for case work)		
The Girls & Boys Brigade	402-404 Riley St	9319 4509
	Surry Hills 2010	
The Langton Centre (Individual / Family Counselling,	591 South Dowling St	9332 8777
Parenting Support)	(Cnr Nobbs & Dowling Streets)	
	Surry Hills 2010	
The Settlement Neighbourhood Centre (Open Mon-Fri	17 Edward St	9698 3087
10am-6pm)	Darlington 2008	
WEAVE Women's and Children's Centre formally The	133 Morehead St	9699 9036
Shop Women's & Girl's Centre (counselling & support for	Waterloo 2017	
domestic violence, vocational education, and case work)		
Scarba Tertiary Child Protection Service	217 Pitt St	9310 3788
	Waterloo 2017	
Walla Mulla Family and Community Support	49 McElhone St	9368 1381
2 . 2	Woolloomooloo 2011	



LIBRARIES

Customs House Library	31 Alfred St Circular Quay 2001	9242 8555
Glebe Library	186 Glebe Point Rd (Cnr Wigram Rd), Glebe 2037	9298 3060
Green Square Library	100 Joynton Ave Zetland 2017	9288 5010
Haymarket Library	744 George St Sydney 2000	8019 6477
Home Library Service	Lvl 3 Town Hall House 456 Kent St Sydney 2000	9265 9705
Kings Cross Library	Lvl 1, 50-52 Darlinghurst Rd Kings Cross 2011	9246 4530
Newtown Library	8-10 Brown St Newtown 2042	8512 4250
Paddington Library	Paddington Town Hall 247 Oxford St, Paddington 2021	9391 7988
Pyrmont Library Link	Pyrmont Community Centre Cnr John & Mount Streets Pyrmont NSW 2009	9242 8555
Surry Hills Library	405 Crown St Surry Hills 2010	8374 6230
Town Hall Library Link	Level 1, Town Hall House 456 Kent Street Sydney NSW 2001	9242 8555
Ultimo Library	Ultimo Community Centre Lvl 1, 40 William Henry St Ultimo 2007	9298 3110
Waterloo Library	Waterloo Town Hall 770 Elizabeth St Waterloo 2017	9288 5688

TOY LIBRARIES

Lennox House Toy Library (9:00am–11:00 am Mon-Fri)	Cnr of Denison & Lennox Streets	9519 3839
	Newtown 2042	9557 5377
Glebe Library	186 Glebe Point Rd	9298 3060
-	Glebe 2037	
Surry Hills Library	405 Crown St	8374 6230
	Surry Hills 2010	
Waterloo Library	770 Elizabeth St	9288 5688
-	Waterloo 2017	

CHILD RESTRAINT FITTING STATIONS

RTA Hotline (for enquiries about your closest RTA authorised child restraint fitting station)	13 22 13
To enquire about baby capsule hire call your local hospital	

